

# DELTA

*Sigma Theta Tau International ~ Delta Tau Chapter-At-Large*



## *From the President...*

Greetings to the members of Delta Tau Chapter-At-Large! Also, a special welcome to our new members, inducted at our 23<sup>rd</sup> Annual Ceremony on April 6, 2003. In celebrating superior achievement, leadership qualities, creative work, and high professional standards, the new inductees were given encouraging words by our keynote speaker, Dr. Dolores M. Zygmunt, Assistant Professor at Temple University School of Nursing.

Several awards were presented this past year. Jacqueline Snock, Holy Family University, was presented with the Undergraduate Scholarship. Nancy C. Tkacs, PhD, RN was the recipient of Delta Tau's Research Award for her work "Vagal Activation and Hypoglycemia." According to tradition, the President's Award is presented to an active member who contributes to the chapter and exhibits the qualities of a scholar, leader, and educator. Christine M. Rosner, PhD, RN was the recipient of this prestigious award. What a momentous occasion! Five community nurse leaders, four graduate students, and thirty-nine baccalaureate students pledged to fulfill the purposes and goals of the society.

Also, I want to take this opportunity to thank the Board and members of Delta Tau Chapter-At-Large for their support and encouragement during my tenure as President of this great chapter! It has been a pleasure serving in this capacity. I am grateful for the salient moments, such as Eastern and Holy Family Colleges becoming Universities, and participating in the dedication of the beautiful nursing mural at Broad and Vine Streets, in Philadelphia (to name a few), which brought me great pride.

In closing, I leave the Presidency, but not the Chapter. I hope to continue actively representing you as Vice-President of Neumann College. In addition, I plan to take a more active role with our research committee. As always, I encourage active members to become more involved, and encourage those who are inactive members to become active again. This society is only as good as its members!

Again, THANK YOU for allowing me to represent you. May LOVE, COURAGE, and HONOR guide you in all that you do!

*Bernice "Nicky" Hardy, MSN, RN, ANP  
President, Delta Tau Chapter-At-Large*

<i>Inside Details . . .</i>	<i>Page</i>
<i>President's Message</i>	<i>1</i>
<i>Welcome to Our 2003 Members (The Photo Spread)</i>	<i>2~3</i>
<i>Immaculata University to Become Part of Delta Tau?</i>	<i>4</i>
<i>2003 Election Ballot</i>	<i>5~6</i>
<i>Outstanding Nurse Award Nominations</i>	<i>7~8</i>
<i>The DTC Community Project Tradition Continues...</i>	<i>9</i>
<i>Member Spotlight</i>	<i>10</i>

## **2003~2004 CALENDAR OF EVENTS**

**SEPTEMBER 21, 2003**  
**TRI-STATE  
CONSORTIUM BRUNCH**

**OCTOBER 17, 2003**  
**ANNUAL RESEARCH DAY**  
**THOMAS JEFFERSON  
UNIVERSITY**

**OCTOBER 20, 2003**  
**BOARD MEETING**  
**6 PM @ NEUMANN**

**NOVEMBER 1-5, 2003**  
**BIENNIAL CONVENTION**  
**TORONTO, ONTARIO**

**DECEMBER ?, 2003**  
**COMMUNITY SERVICE  
PROJECTS\***

**JANUARY 26, 2004**  
**BOARD MEETING**  
**6 PM**  
**@ HOLY FAMILY**

**MARCH**  
**PRE-INDUCTION  
PIZZA PARTIES**  
**MARCH 29, 2004**  
**@ EASTERN**  
**MARCH 22 OR 29, 2004**  
**@ HOLY FAMILY**  
**MARCH 30, 2004**  
**@ NEUMANN**

**APRIL 18, 2004**  
**24TH ANNUAL  
INDUCTION CEREMONY**  
**@ HOLY FAMILY**

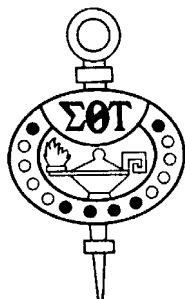
**JUNE 11, 2004**  
**ANNUAL BOARD  
PLANNING MEETING**

**\*UPDATES ON WEB**

*23rd Annual Induction Ceremony  
Welcome to our new members...*



**NEUMANN COLLEGE**  
 PATRICIA L. ESTERLING  
 CHRISTOPHER P. KAPRIELIAN  
 SOPHIA FOKAS-KLIGOS  
 DANIELLE M. LANNO  
 STEPHANIE N. LEINHAUSER  
 GEORGE S. MACHEMER  
 ELIZABETH A. MAHOLIK  
 KIMBERLY A. MARRO  
 KIMBERLEY E. POLLAG  
 ERICA R. RIDDAGH  
 KIMBERLY SQUIRE  
 DANIEL TETI  
 BRETT M. WILKINS



**EASTERN COLLEGE**  
 ROSE MARIE ALLEBACH  
 SYLVIA M.  
 BAUMGARTNER-EHLING  
 ELIZABETH COULTER  
 BARBARA A. FUCHS  
 CHRISTINE M. FUNG  
 CANDACE L. HETRICK  
 MARIA C. MARINELLI  
 EILEEN P. MCCARTHY  
 VICKI L. MILLER  
 PENELOPE A. MINUTO  
 SHIRLEY D. RICHARDSON  
 KATHLEEN TORCHIANA  
 LOUISE A. WINTER





**HOLY FAMILY UNIVERSITY**  
**UNDERGRADUATES**

SUJA ALEXANDER  
CYNTHIA C. BAIGIS  
VICKI S. CANTOR  
ERIN P. DUGAN  
VAL JAKOVLEVS  
MARIA LANGE  
CRYSTAL LENTZ  
NICOLE T. MEYER  
MARGARET M. MORAN  
JACQUELINE E. SNOCK  
STEPHANIE N. SODA  
DOROTHY E. WIEGAND  
NOREEN ZAMAN



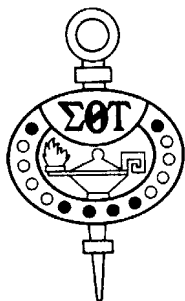
**HOLY FAMILY UNIVERSITY**  
**GRADUATE STUDENTS**

LAILA BURGOS  
TOMI J. CIPRIETTI  
ELLEN  
MCPARTLAND-MONGIORI  
ANNIE VARUGHESE



**COMMUNITY NURSE LEADERS**

SANDRA L. FISHBOUGH  
LUCINDA A. HERMES  
MARY M. MARQUIS  
EILEEN L. NEFF  
MAUREEN RUDY-MALLOY



## *Ballot Question...*

### *Immaculata University to Become Part of Delta Tau?*

**I**mmaculata College was a Catholic liberal arts college founded for women in 1920 by the Sisters, Servants of the Immaculate Heart of Mary. Immaculata became a University in 2002, and to attain the goal of developing the whole person, it encourages students to see through a liberal arts education, an integrative process contributing to the formation of a truly educated person: value-oriented and committed to seeking truth, promoting justice, and fostering peace. While retaining this special commitment for traditional students in the undergraduate division, the mission has been expanded to include both men and women in the continuing education and graduate student populations.

The student body of Immaculata consists of 500 students in The Women's College and over 3000 students (men and women) in the Colleges of LifeLong Learning and Graduate Studies. The University offers more than 60 majors, minors, certificate and preprofessional programs and the campus encompasses more than 370 acres on a hill overlooking Chester Valley. The university motto, which reads in Latin, *Scientia floret virtute* (Knowledge flourishes in virtue), expresses the ideal of a true liberal arts education in the Christian tradition.

In 1984, Immaculata received approval by the Pennsylvania Department of Education for an upper-division Bachelor of Science in Nursing Degree for Registered Nurses. The Nursing Program received initial accreditation by the National League for Nursing in 1989 and renewed accreditation in 2002. The RN to BSN program at Immaculata University is designed to facilitate the educational mobility of associate degree or hospital diploma graduates of nursing. Concurrent with Immaculata University's mission, the Department of Nursing expresses that education is a lifelong process that engages the adult learner in the active pursuit of new knowledge while creating a deeper understanding of past knowledge and experience. Reflective thinking, critical thinking, and problem solving skills are the methods used in the process. This knowledge is then applied to the care of multicultural and diverse people, groups, and communities.

While the possibility of Immaculata University joining Delta Tau brings eager anticipation, there is also a sense of profound sadness as a result of the death of Dr. Jean Brown, the founder of the Immaculata University Nursing Honor Society. The fact that a synchronicity already exists between the schools Delta Tau represents and the mission of the Department of Nursing at Immaculata University strengthens our commitment to fulfill the dream of Dr. Jean Brown. Please help us make that dream a reality for Immaculata and Delta Tau, vote "yes" to charter amendment and enhance the network, vision, and viability of Delta Tau Chapter-At-Large!

*Information about Immaculata University from: [http://www.immaculata.edu/GeneralInformation/about\\_the\\_university.html](http://www.immaculata.edu/GeneralInformation/about_the_university.html)  
Information about Immaculata University Nursing available at: <http://www.immaculata.edu/nursing>*



**IN MEMORY OF  
DR. JEAN BROWN**

**“A WONDERFUL  
NURSE SCHOLAR  
AND  
MENTOR”**

# Delta Tau Ballot 2003

MAKE YOUR SELECTIONS FOR THE BELOW POSITIONS BY PLACING A CHECK OR AN "X" ON THE APPROPRIATE LINE. DEADLINE IS JUNE 25, 2003. PLEASE RETURN YOUR BALLOT IN AN ENVELOPE TO THE ADDRESS PRINTED ON THE BACK OF THIS FORM. THANK YOU FOR PAYING THE POSTAGE OR YOU MAY SAVE A STAMP AND E-MAIL YOUR BALLOT SUBMISSIONS TO: DELTATAU@LIBERTYNET.ORG

## VICE PRESIDENT – NEUMANN COLLEGE

Bernice "Nicky Hardy" \_\_\_\_\_

Write-In Candidate \_\_\_\_\_

## HOLY FAMILY UNIVERSITY COUNSELOR

Christine Rosner \_\_\_\_\_

Write-In Candidate \_\_\_\_\_

## EASTERN UNIVERSITY COUNSELOR

Christina Jackson \_\_\_\_\_

Write-In Candidate \_\_\_\_\_

## TREASURER

Mary Wombwell \_\_\_\_\_

Write-In Candidate \_\_\_\_\_

## \*NOMINATING CHAIRPERSON

Sandra Fishbough \_\_\_\_\_

Write-In Candidate \_\_\_\_\_

## \*\*BALLOT QUESTION

Immaculata University Nursing Honor Society should become part of Delta Tau?

YES \_\_\_\_\_ NO \_\_\_\_\_

\*POSITIONS NOT FILLED WILL BE APPOINTED AT THE DISCRETION OF THE PRESIDENT AND THE EXECUTIVE BOARD.

\*\*IF YOUR BALLOT IS NOT RETURNED OR THERE IS NO RESPONSE IT WILL BE ASSUMED THAT THIS IS A YES VOTE!"

Delta Tau Ballot ~ 2003

Eileen M. Alexy  
1137 Shackamaxon Street  
Suite C  
Philadelphia, PA 19125-4143

---

---

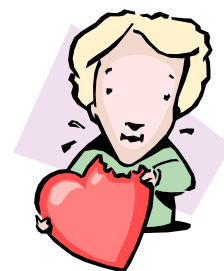
---

PLEASE SEND YOUR BALLOT BY:

**JUNE 25, 2003**



# 2003~2004 Outstanding Nurse Award Nomination Form



**CRITERIA:** BSN Degree (minimum)

Candidate must make a significant contribution in the area of nursing practice, research, leadership, or education.

**NOMINEE:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: H- \_\_\_\_\_

Institution/Organization: \_\_\_\_\_

Position : \_\_\_\_\_ Phone (H): \_\_\_\_\_

Degree: \_\_\_\_\_ College/University: \_\_\_\_\_

Member of Sigma Theta Tau?  Yes  No      If yes, Chapter affiliation \_\_\_\_\_

**Reason for Nomination:** Please address specifically how nominee has contributed to the nursing profession (refer to criteria – may use additional sheet of paper if necessary).

---

---

---

---

---

---

---

---

---

---

**NOMINATOR:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: H- \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DEADLINE: January 30, 2004**

Delta Tau Outstanding Nurse Nomination  
2003~2004

Eileen M. Alexy  
1137 Shackamaxon Street  
Suite C  
Philadelphia, PA 19125-4143

---

---

---

PLEASE SEND YOUR NOMINATION FORM BY:

***JANUARY 30, 2004***



## *The Delta Tau Holiday Tradition Continues...*

The Delta Tau holiday tradition continues at the Chester Community Nursing Center. In keeping with the spirited tradition, Delta Tau Chapter-At-Large sponsored a "Christmas Dessert Festival" at the Community Nursing Center in Chester, PA. Many older adults attended this festive and "feastive" event, where a variety of decorative desserts were plentiful.

The Eastern University held its first annual interdisciplinary community event ~ a health fair at the New Seasons Assisted Living Facility on Saturday January 25, 2003 from 2- 4PM.

The theme of the health fair "*Tuning Up the Senses*" enabled residents to experience educational opportunities relating to all the senses: vision (optometry), hearing (audiology), touch (massage), smell (aromatherapy), taste (nutrition) while also enjoying a healthy indulgence of a few of them. In addition chapter members provided blood pressure screening.

Participants included local professionals such as audiologist, Dr Gail Brenner, and optometrist, Dr Robert Haak. Students from the Pennsylvania Muscle Institute provided chair massage services. Registered Nurse, Marilee Tolen and her husband provided education on the use of essential oils and aromatherapy. Each resident was given as small sample of an essential oil of their choice for their own personal use.

Very positive feedback was given by many of the residents who especially enjoyed the chair massages. Linda Schow, Arts & Entertainment Director, commented that the afternoon was a wonderful change of pace for the residents and looks forward to having the next annual event on a larger scale with the hope of inviting other community organizations.

Unfortunately, the Holy Family Neighborhood Center in the Frankford section of Philadelphia has closed. Holy Family plans to hold a "clothing drive" for women and families in a local homeless shelter. This past year a donation was made to a family in need during the holiday season.

Many thanks to the faculty and students of Neumann College, Eastern, and Holy Family Universities, as well as Delta Tau members who assisted in making these events a success! We could not do this without your generous support! Plans are underway for next year's extravaganza(s) - so come join in the fun!

**Sara A. Eldridge, RN, BSN ~**  
**Vice President ~ Eastern University**  
**Health fair "pics" at: <http://deltatau.libertynet.org>**

## *Scholarship and Grant Money "Up for Grabs"*

Delta Tau Chapter-at-Large will award one Graduate and one Undergraduate Scholarship each in the amount of \$1000 during the 2003-2004 year. Additionally, we will award one Research Grant in the amount of \$1000. The Graduate Scholarship and Research Grant Awards will be given directly to the recipient to be used toward his/her graduate course of study and research. The Undergraduate Scholarship Award will be deposited into the student's account at his/her school.

In order to be eligible for the *Undergraduate Award*, the applicant must:

1. Be currently enrolled as a nursing student at Neumann College, Eastern, or Holy Family Universities.
2. Agree to a 1 year service commitment to the chapter
3. Completed all JUNIOR level nursing courses
4. Maintain a minimum cumulative GPA or 3.25
5. Submit a short essay.
6. Submit one copy of official transcripts.
7. Submit a faculty recommendation.

To be eligible for the *Graduate Award*, the applicant must:

1. Be an active member of Delta Tau Chapter-At-Large (paid dues are up-to-date)
2. Agree to a 1 year service commitment to the chapter
3. Maintain a cumulative GPA of 3.25
4. Completed 1/3 of graduate program requirements.
5. Submit a short essay.
6. Submit one copy of official transcripts.
7. Submit a faculty recommendation.

To be eligible for the *Research Grant*, the applicant must:

1. Be an active member of Delta Tau Chapter-At-Large (paid dues are up-to-date)
2. Submit Proposal Abstract (limited to 4 pages)
3. Present a poster presentation at induction ceremony

Deadline for all applications is **January 30, 2004**. The recipients of the Undergraduate, Graduate and Research Awards will be acknowledged at the 24th Annual Induction Ceremony. To receive an application and further instructions for any of these awards, please contact your faculty counselors (Chris Jackson, Eastern, Chris Rosner, Holy Family, Alison Green, Neumann) OR:

**Eileen M. Alexy**  
**deltatau@libertynet.org**



**Sigma Theta Tau  
International**

Delta Tau Chapter~At~Large  
1137 Shackamaxon Street  
Suite #C  
Philadelphia, PA 19125-4143



**Delta Tau Chapter Officers**

*Bernice "Nicky" Hardy, President  
Mary Anne Peters, President-Elect  
Sara A. Eldridge, Vice President- Eastern  
Cathy Jenner,  
Vice President-Holy Family  
?, Vice President- Neumann  
Mary E. Wombwell, Treasurer  
Christina Jackson, Counselor Eastern  
Christine Rosner, Research Chair,  
Counselor Holy Family  
Alison Green, Counselor Neumann  
Eileen M. Alexy, Secretary,  
Publicity, Awards Chair*

In this issue. . .

**For Updated Information Visit Our Website: <http://deltatau.libertynet.org>**

*“Member Spotlight”  
Meet...  
Dr. Nancy C. Tkacs*



**DR. NANCY C. TKACS**

**N**ancy is an Assistant Professor at the University of Pennsylvania School of Nursing and the winner of the 2003 Research Award. In May 2003, Nancy became the recipient of the Lindback Award for Distinguished Teaching from the University of Pennsylvania. The Lindback Award is a very significant award because it is primarily driven by student nominations and the recipient must have teaching skills that are intellectually demanding, versatile, and permanent in their impact.

After completing her BSN, she worked in critical care before returning for her MSN as a cardiovascular clinical specialist. In the clinical area as well as in the academic setting, she was most fascinated by physiology and pathophysiology. Her interest in the field led to her decision to enter doctoral studies in physiology at Loyola University of Chicago. Following her

doctorate, she pursued postdoctoral studies in neuroendocrinology at the University of California, San Francisco.

As Nancy states, “Recent dramatic advances in biological science have deep significance for present and future research, education, and practice in nursing. Clinical experience with management barriers such as hypoglycemia unawareness in patients with Type I diabetes urge us to investigate basic mechanisms underlying maladaptive responses to disease and treatments. I believe that nurse researchers can and should be the leaders in applying translational research approaches to answering clinical questions.”

For more information:  
<http://www.nursing.upenn.edu/faculty/profile.asp>